

## California Men's Indoor Records

| Event  | Mark     | Athlete                                    | Location           | Year |
|--------|----------|--------------------------------------------|--------------------|------|
| 55m    | 6.25     | Chris Huffins                              | Reno, Nev.         | 1992 |
| 60m    | 6.79     | Chris Huffins                              | New York, N.Y.     | 1992 |
|        | 6.79     | Darren Woods                               | Cougar Classic     | 2005 |
| 200    | 21.26    | Toby Atawo                                 | Boise, Idaho       | 2003 |
| 400    | 46.90    | Darren Woods                               | MPSF Champs.       | 2005 |
| 800    | 1:49.71  | Alex McClary                               | Alex Wilson Inv.   | 2006 |
| Mile   | 4:01.80  | <b>David Torrence</b>                      | Seattle, Wash.     | 2007 |
| 3000   | 7:56.00  | Richie Boulet                              | New York, N.Y.     | 1995 |
| 5000   | 14:13.60 | <b>Giliat Ghebray</b>                      | MPSF Champs.       | 2006 |
| 55mh   | 7.29     | Rod Jett                                   | Indianapolis, Ind. | 1989 |
| 60mh   | 7.96     | Tim Bogdanof                               | Boise, Idaho       | 2003 |
| 4x400  | 3:13.44  | D. Woods, Giron,<br>C. Woods, Wright       | Seattle, Wash.     | 2004 |
| DMR    | 9:33.77  | <b>Torrence, Solis,<br/>Gadayan, Davis</b> | Fayetteville, Ark. | 2007 |
| HJ     | 7-2.50   | Teak Wilburn                               | Pullman, Wash.     | 2004 |
| PV     | 17-10.5  | Brent Burns                                | Flagstaff, Ariz.   | 1994 |
| LJ     | 25-11    | Chris Huffins                              | Reno, Nev.         | 1993 |
| TJ     | 54-2.5   | Lenards Ozolinish                          | Indianapolis, Ind. | 1995 |
| SP     | 62-04.5  | Rhuben Williams                            | MPSF Champs.       | 2005 |
| Weight | 64-10    | Rhuben Williams                            | Seattle, Wash.     | 2004 |
| Hept.  | 5437     | <b>Jonas Hallgrimsson</b>                  | Seattle, Wash.     | 2004 |

## California Women's Indoor Records

| Event  | Mark     | Athlete                                        | Location           | Year |
|--------|----------|------------------------------------------------|--------------------|------|
| 55m    | 7.12     | O. Omwanghe                                    | Reno, Nev.         | 2003 |
| 60m    | 7.33     | Antonette Carter                               | Flagstaff, Ariz.   | 2006 |
| 200    | 23.81    | Antonette Carter                               | MPSF Champs.       | 2006 |
| 400    | 54.48    | <b>Alysia Johnson</b>                          | Albuquerque, N.M.  | 2007 |
| 800    | 2:03.47  | <b>Alysia Johnson</b>                          | Fayetteville, Ark. | 2007 |
| Mile   | 4:49.04  | <b>Bridget Duffy</b>                           | MPSF Champs.       | 2006 |
| 3000   | 9:39.26  | <b>Bridget Duffy</b>                           | MPSF Champs.       | 2006 |
| 5000   | 16:52.66 | <b>Rebecca Yau</b>                             | MPSF Champs.       | 2006 |
| 55mh   | 7.99     | O. Omwanghe                                    | Reno, NV           | 2003 |
| 60mh   | 8.31     | O. Omwanghe                                    | Seattle, Wash.     | 2006 |
| 4x400  | 3:37.64  | <b>E. Smith, Tuner,<br/>Pierce, A. Johnson</b> | MPSF Champs.       | 2007 |
| DMR    | 11:28.96 | Maclise, <b>Bonty,<br/>A. Johnson, Duffy</b>   | MPSF Champs.       | 2006 |
| HJ     | 6-0      | <b>Inika McPherson</b>                         | Seattle, Wash.     | 2007 |
| PV     | 12-11.5  | Kira Costa                                     | Champaign, Ill.    | 2004 |
| LJ     | 21-9.5   | Sheila Hudson                                  | Indianapolis, Ind. | 1990 |
| TJ     | 45-9     | Sheila Hudson                                  | Indianapolis, Ind. | 1990 |
| Shot   | 53-7.5   | Dana Lawson                                    | Fayetteville, Ark. | 2001 |
| Weight | 60-4.5   | <b>Carrie Johnson</b>                          | MPSF Champs.       | 2006 |
| Pent.  | 4189     | Brooke Meredith                                | Fayetteville, Ark. | 2004 |